



## **“READY, SET, GUARD!” PROGRAM**

**May – September 2023**

### 1. What is the “Ready, Set, Guard!” Program?

The purpose of this program is to allow members of the community to obtain Lifeguard and Swim Instructor training and be provided an opportunity to work with the Town of Golden. The program offers participants financial support to achieve all the leadership certifications required to become a Lifeguard and Swim Instructor. It is a 3 month program, encompassing 5 core courses: Bronze Medallion, Bronze Cross, Standard First Aid/CPR C, Swim Instructor and National Lifeguard. Once you have successfully completed these courses and gone through the interview process with the Recreation Department, you will be offered a position as a Lifeguard and/or Swim Instructor with the Town of Golden.

### 2. Who is eligible to apply to the program?

To participate in our lifeguard training program, applicants must have all required prerequisites for the courses. Participants who are a permanent member of the community and are a minimum of 16 years of age can apply to the program.

### 3. Why apply for the program?

- Free training courses
- High paying position with the Town of Golden as a lifeguard/swim instructor
- Earn High School Credits
- Career Opportunities for life
- Acquire valuable and transferable life skills



### 4. Does the participant pay for the training?

There is a 50% registration fee up front for each course, plus the cost of any required manual/equipment. The registration fees will be reimbursed after the probationary period; 200 hours worked or one full pool season at the Golden Swimming Pool, whichever comes first.

Course	Program Cost	Reimbursable portion of initial registration	Program Cost once you have worked 200 hours
Bronze Medallion	\$160	Prerequisite courses, not eligible for reimbursement	
Bronze Cross	\$160		
Standard First Aid & CPR	\$200	\$100	FREE
National Lifeguard - Pool	\$400	\$200	FREE
Lifesaving Swim Instructor	\$400	\$200	FREE

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Phone: 250-344-0120 [pool@golden.ca](mailto:pool@golden.ca)



**5. How many participants will be accepted into the program?**

Up to 16 participants will be accepted into the program per season

**6. Are there high school credits for taking the courses?**

High school students can earn credit towards graduation while working towards their first career. This program recognizes the 100+ hours of education and training for Lifesaving Society National Lifeguard starting at Bronze Medallion. It rewards the work and dedication of those who strive to step onto the deck to protect the lives of others at the beginning of their aquatics career.

Course	High School Credits
Bronze Cross	2 credits for Grade 11
Bronze Cross & Swim Instructor	3 credits for Grade 11
National Lifeguard	2 credits for Grade 12

**7. What is the Application deadline?**

All applications for the program must be received by the Town of Golden by April 1, 2023.

**8. How do I apply to the program?**

- a) Refer to “Aquatic Worker” job posting on Town of Golden website:  
<https://www.golden.ca/town-hall/careers>
- b) Submit a cover letter, application form and resume by April 1, 2023.
  - a. By email to the Recreation Coordinator- Aquatics Lead [chelsey.keefer@golden.ca](mailto:chelsey.keefer@golden.ca)  
Please write “Ready, Set, Guard!” in the subjectline *OR*
  - b. Drop off at the Mount 7 Rec Plex or Arena office to a recreation clerk or coordinator
- c) If selected, we will call to set up an interview. A swim evaluation may be required to determine the likelihood of success in the program.

**9. What happens after I get accepted into the program?**

Participants will receive an admission letter welcoming them to the program and receive further details on the required courses. Depending on whether the participant has relevant certifications already or is starting from the beginning, they would follow the progressions as per below:

**Bronze Medallion → Bronze Cross → Standard First Aid/CPR “C” →  
National Lifeguard → Swim Instructor → **BEGIN WORK WITH TOWN OF GOLDEN****

**10. What is the time commitment?**

From May - July 2023 there are a total of approximately 150 training hours; after school and

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on weekends. Our courses are taught by trained professionals who can help you gain the skills and confidence necessary for providing care and instruction when it's needed most. 100% attendance is mandatory. The training course schedule can be found here: <https://www.amilia.com/store/en/town-of-golden/shop/programs/86232>

For further information or questions regarding the program please contact Chelsey Keefer

Phone: 250-344-0120

Email: [Chelsey.keefer@golden.ca](mailto:Chelsey.keefer@golden.ca)

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## **Ready, Set, Guard! Program Registration Information**

What is *Ready, Set, Guard!*?

*Ready, Set, Guard!* is a program designed for local community members to get certified as a Lifeguard and Swim Instructor and work towards being a Lifeguard at the Town of Golden Swimming Pool.

The Town of Golden uses an online registration system called Amilia- SmartRec for all public program and course registrations.

1. You can access the site here:

<https://www.amilia.com/store/en/town-of-golden/shop/programs>



2. Once you are on the Amilia site, you will need to click “Login” or “Create an Account” if you/your family does not already have an account. *\*Accounts must be created by an Adult of the family and all family members can be added to the family account*

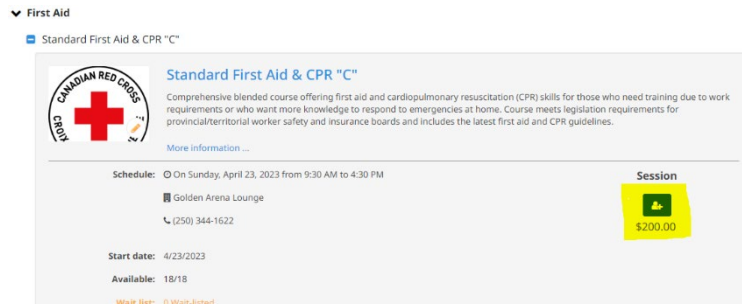
a. Fill out all information to complete the members profile including name, birthdate, email, phone, address etc.

3. On the Amilia shop main page (it says Town of Golden – Recreation), Select “Courses 2023”

4. Register for the courses you need by opening the applicable drop down options

a. Use Rebate Code: RSG2023 at checkout for the following courses to get the Ready, Set, Guard! 2023 program price:

- NL
- Swim Instructor
- Standard First Aid & CPR “C”



5. Upon successful completion of the entire program and first season of employment, the remaining fees will be reimbursed via original form of payment. *Should candidates be unsuccessful, they will not be reimbursed for the original course registration expense.*

\*Note: The required manuals, whistle, and pocket mask for each course are linked to the course registration. If you require the item, click “continue” when it pops up after you have registered for the course, and click ‘Skip and Continue’ if you already have it (or it is already in your cart). The manual for the Bronze Medallion and Bronze Cross is the same and you only need to purchase it once. You are welcome to purchase a whistle and pocket mask through another

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