



Town of Golden Swimming Pool Schedule Spring 2023



**Calendar in effect May 20th – June 30th, 2023.*

Programs are subject to change – check Amilia website for latest updates golden.ca/recprograms

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7, 7-8, 8-9am Lane Swim	6-7, 7-8, 8-9, 9-10am Lane Swim/ Swim Club	6-7, 7-8, 8-9am Lane Swim	6-7, 7-8, 8-9, 9-10am Lane Swim/ Swim Club	6-7, 7-8, 8-9am Lane Swim / SC	8-9am Lane Swim	8-9am Lane Swim
9-10am Open Pool (2 lanes, public & PL)		9-10am Aquafit		9-10am Open Pool (2 lanes, public & PL)	9-11:30am Swim Lessons	9-11:30am Swim Lessons
10:30-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11am Masters Swim	10-11am Aquafit
11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim
1-2:30pm SD6 Schools	1-2:30pm SD6 Schools	1-2:30pm SD6 Schools	1-2:30pm SD6 Schools	1-2:30pm SD6 Schools	1:00-2:20pm 2:30-3:50pm 4-5:20 5:30-6:50pm Public Swim	1:00-2:20pm 2:30-3:50pm 4:00-5:20pm 5:30-6:50pm Public Swim
2:30-3:30 Parent & Tot	2:30-3:30 Aquafit	2:30-3:30 Parent & Tot	2:30-3:30 Aquafit	2:30-3:30 Parent & Tot		
3:30-5pm Swim Lessons	3:30-5pm Swim Lessons	3:30-5pm Swim Lessons & JLC	3:30-5pm Swim Lessons	3:40-5pm Public Swim		<i>*Monthly event Sundays</i>
5-8:30pm Swim Club	5-8:30pm Swim Club	5-8:30pm Swim Club	5-8:30pm Swim Club	5:40-7pm 7:10-8:30pm WIBIT Swim		

Public Swims will have 1 lane available for lane swimming
 Birthday Party pool rentals available Fri, Sat or Sun during public swim
 Private Lessons available upon request, email pool@golden.ca

Want to know what level you or a family member is in for swim lessons?!
 Attend our drop in 5 minute swim evaluations: May 20th 1-4pm,
 May 21st 1-4pm or ask a clerk at front desk during any public swim.

Pre registration is recommended! Register online at golden.ca/recprograms