



Town of Golden Recreation Schedule Spring 2023

**Calendar in effect June 1 – June 30, 2023. Programs are subject to change – check Amilia website for latest updates.*

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|--|--|----------|---------------------------------------|
| | | <p>10:30am-12pm Parent & Tot Play in the Park <i>*FREE: See Early Years Calendar</i></p> | | | | |
| <p>3:30-4:30pm Kids Multi Sports Youth Open Gym</p> | <p>3:30-4:30pm Kids Multi Sports Youth Open Gym</p> | <p>3:30-4:30pm Kids Multi Sports Youth Open Gym</p> | <p>3:30-4:30pm Kids Multi Sports Youth Open Gym</p> | <p>3:30-4:30pm Kids Multi Sports Youth Open Gym</p> | | |
| | | <p>4:30-7pm Open Gym</p> | <p>4:30-7pm Open Gym</p> | | | |
| | | <p>7-8:30pm Badminton/ Pickleball</p> | <p>7:30-9pm Basketball</p> | | | <p>6:30-8pm Volleyball</p> |

Mount 7 Rec Plex

Pre-registration is recommended! Register online at golden.ca/recprograms