



Town of Golden Recreation Schedule

Holiday Break Week 2 2023

**Calendar in effect Jan 1 – Jan 7, 2023. Programs are subject to change.*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
JAN 1 CLOSED	JAN 2	JAN 3	JAN 4	JAN 5	JAN 6	JAN 7
	9:15am-10:00am Parent & Tot Skate	9:15am-10:15am Parent & Tot Fitness		9:15-10:00am Parent & Tot Skate		10:30-12pm Parent & Tot with Run Bikes
	10-11:30am Open Gym	10:30-12pm Parent & Tot Play	10:30-11:30am Silver Sneakers Fitness	11:30-1pm Family Open Gym		1-2:30pm Pickleball
	11:30-1pm Open Gym	1-2:30 pm Family Shiny (All Ages)	11:30-1pm Family Open Gym	12:15-1:15pm Group Fitness	11:15-12:15pm Group Fitness	3-4pm Kids Soccer (Ages 5-7) (Ages 8-12)
	2-3:30 pm Silvertips 50+ Hockey	2-3:30pm Family Open Gym	2:15-3:15pm Public Skate	2-3:30 pm Silvertips 50+ Hockey	2-3:30pm Open Gym	4-5:30pm Open Gym
		3:30-5pm Open Gym	3:30-5pm Open Gym	3:30-5pm Open Gym	3:30-5pm Open Gym	4:45-5:45pm Public Skate
		6-7pm Public Skate	5-6:30pm Open Gym	5-6:30pm Badminton/ Pickleball	5:30-6:30pm Public Skate	6-7:30pm Women's Hockey
		7:30-9pm Badminton/ Pickleball	7:30-9pm Basketball			7-8:30pm Volleyball

Golden and District Arena

Mount 7 Rec Plex

Golden & District Arena Lounge

Seniors Centre

Private rental inquiries:
rec.booking@golden.ca

Pre-registration is required to guarantee your spot! Register online at golden.ca/recprograms