



# Town of Golden’s “Ready, Set, Guard!” Program

May – September 2024

## 1. What is the “Ready, Set, Guard!” Program?

The purpose of this program is to allow members of the community to obtain Lifeguard and Swim Instructor training at an affordable price and be provided an opportunity to work with the Town of Golden. The program offers participants financial support to achieve the leadership certifications required to become a Lifeguard and Swim Instructor. It is a 3-month program, encompassing 5 core courses: Bronze Medallion, Bronze Cross, Standard First Aid & CPR “C”, Swim Instructor and National Lifeguard. Once you have been successful in completing these courses and the interview process with the Recreation Department, you will be offered a position as a Lifeguard and/or Swim Instructor with the Town of Golden.

## 2. Who is eligible to apply to the program?

To participate in our lifeguard training program, applicants must have all required prerequisites for the courses. You must be a permanent member of the community and a minimum of 15 years of age to apply to the program. There is no maximum age to become a lifeguard!

## 3. Why apply for the program?

- Free training courses
- Great paying position with the Town as a Lifeguard/Swim Instructor
- Career opportunities for life
- Acquire valuable and transferable life skills
- Earn high school credits



## 4. Does the participant pay for the training?

There is a 50% registration fee up front for each course, plus the cost of any required manual/equipment. If you are hired to work at the Golden Swimming Pool (GSP), you are eligible to receive a full refund for the last 3 courses listed below (First Aid, NL and SI).

Course	Regular program cost	Ready, Set, Guard! participant fee discount	Ready, Set, Guard! participant cost after employment at GSP
1. Bronze Medallion	\$160	Prerequisite courses, not eligible for reimbursement	
2. Bronze Cross	\$160		
3. Standard First Aid & CPR	\$200	\$100	FREE
4. National Lifeguard (NL) - Pool	\$400	\$200	FREE
5. Lifesaving Swim Instructor (SI)	\$400	\$200	FREE

## 5. How many participants will be accepted into the program?

Up to 16 participants will be accepted into the program per year.

**Town of Golden**  
810 9 Avenue S, Golden, BC V0A 1H0  
Phone: 250-344-0120 [pool@golden.ca](mailto:pool@golden.ca)



## 6. Are there high school credits for taking the courses?

High school students can earn credits towards graduation while working towards their first career. This program recognizes the 100+ hours of education and training and rewards the work and dedication of those who strive to step onto the deck to protect the lives of others at the beginning of their aquatics career.

Course	High School Credits
Bronze Cross	2 credits for Grade 11
Bronze Cross & Lifesaving Instructor	3 credits for Grade 11
National Lifeguard (Pool option)	2 credits for Grade 12

## 7. What is the Application deadline?

All applications for the program must be received by the Town of Golden by April 1<sup>st</sup>, 2024. If the program is not full after this date, late applications may be accepted but any missed courses will be taken at your own expense.

## 8. How do I apply to the program?

- a) Refer to “Aquatic Worker” job posting on Town of Golden website: <https://www.golden.ca/town-hall/careers>
- b) Submit a cover letter, application form and resume by April 1, 2024.
  - a. By email to the Recreation Coordinator- Aquatics Lead [chelsey.keefer@golden.ca](mailto:chelsey.keefer@golden.ca)
  - b. Drop off at the Mount 7 Rec Plex or Arena office to a recreation clerk or coordinator
- c) After reviewed, we will call to set up a meeting about the program and get you registered for the courses. *\*A swim evaluation may be required to determine the likelihood of success in the program.*
- d) Once you have successfully completed all 5 courses, an interview will be setup with the Recreation department to talk about employment at the Golden Swimming Pool.

## 9. What happens after I get accepted into the program?

If selected, participants will receive a call to set up a meeting about the program and get you registered for all applicable courses. This is a great opportunity to ask about the courses and gain more information on the program. Depending on whether the participant has relevant certifications already or is starting from the beginning, they would follow the progressions as per below:

**Standard First Aid/CPR “C” → Bronze Medallion → Bronze Cross → National Lifeguard → Swim Instructor → Interview with Town of Golden → **BEGIN WORK WITH TOWN OF GOLDEN****

## 10. What is the time commitment?

From May - July 2024 there are a total of approximately 150 training hours; after school and on weekends. Our courses are taught by trained professionals who can help you gain the skills and confidence necessary for providing care and instruction when it’s needed most. 100% attendance is **mandatory**.

Questions? Email Chelsey Keefer at [chelsey.keefer@golden.ca](mailto:chelsey.keefer@golden.ca)

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