



Town of Golden Swimming Pool Schedule Spring 2024



**Calendar in effect May 18 – June 30, 2024*

Programs are subject to change – check Amilia website for latest updates golden.ca/recprograms

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7:30, 7:30-9am Lane Swim	6-7, 7-8*, 8-9am Lane Swim	6-7:30, 7:30-9am Lane Swim	6-7, 7-8*, 8-9am Lane Swim	6-7, 7-8*, 8-9am Lane Swim		
	7-8am Swim Club		7-8am Swim Club	7-8am Swim Club		
9-9:50am Aquafit	9-10am Open Pool	9-9:50am Parent & Tot	9-9:50am Aquafit	9-10am Open Pool		
10-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11:30 SD6 Schools	10-11:30 SD6 Schools	9:30-11:30am Swim Lessons (May 25-June 29)	10:35-11:25am Parent & Tot
11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim	11:30-1pm Lane Swim
1:10-2:40pm SD6 Schools	1:10-2:40pm SD6 Schools	1:10-2:40pm SD6 Schools	1:10-2:40pm SD6 Schools	1:10-2:40pm SD6 Schools	1:05-1:55pm Aquafit	1:05-2:05pm Private Rentals
2:45-4:15 Public Swim & Private Lessons		2:45-4:15pm Public Swim		2:45-4:15pm Public Swim		
4:30-5:20pm Parent & Tot	2:45-5:25pm Swim Lessons (May 28 – June 20)	3:50-5:20pm JLC *starts May 29	2:45-5:25pm Swim Lessons (May 28 – June 20)		2:10-3:40pm 3:45-5:15pm 5:20-6:50pm Public Swim	2:10-3:40pm 3:45-5:15pm Public Swim
5:30-9pm Swim Club	5:30-9pm Swim Club	5:30-9pm Swim Club	5:30-9pm Swim Club	5:15-6:45pm 6:50-8:20pm WIBIT Swim		

Public Swims will have 1 lane available for lane swimming
Birthdays Party pool rentals available Saturdays 1:05-2:05, if not booked this time slot becomes Public Swim. Email rec.booking@golden.ca to book.
 *Tues, Thurs, Fri 7-8am Lane Swim shared with Swim Club; 2/6 lanes available

Want to know what level you or a family member is in for swim lessons?!
 Drop-in during public swim and ask the clerk for a *swim evaluation*.
 All children under 7 require an adult 16+ in water
JLC is our Junior Lifeguard Club for kids aged 8-15, come join the action!

Pre-registration is recommended! Register online at golden.ca/recprograms