







AIR QUALITY HEALTH INDEX <https://www.iqair.com/ca/canada/british-columbia/golden>

	US AQI Level	PM2.5 (µg/m ³)	Health Recommendation (for 24 hour exposure)	POOL ACTIONS
	Good 0-50	0-12.0	Air quality is satisfactory and poses little or no risk.	Normal operations
	Moderate 51-100	12.1-35.4	Sensitive individuals should avoid outdoor activity as they may experience respiratory symptoms.	Normal Operations Patrons make their own decisions to come or not
	Unhealthy for Sensitive Groups 101-150	35.5-55.4	General public and sensitive individuals in particular are at risk to experience irritation and respiratory problems.	Normal Operations Patrons make their own decisions to come or not
	Unhealthy 151-200	55.5-150.4	Increased likelihood of adverse effects and aggravation to the heart and lungs among general public.	Pool Open but instruction cancelled on these programs: P&T, Aquafit, Swim Lessons Patrons can still come and swim with lifeguard on deck with mask
	Very Unhealthy 201-300	150.5-250.4	General public will be noticeably affected. Sensitive groups should restrict outdoor activities.	CLOSE THE POOL
	Hazardous 301+	250.5+	General public at high risk of experiencing strong irritations and adverse health effects. Should avoid outdoor activities.	POOL CLOSED