



Town of Golden’s “Ready, Set, Guard!” Program

April – August annually

1. What is the “Ready, Set, Guard!” program?

This program allows members of the community to obtain Lifeguard and Swim Instructor training at an affordable price and be provided an opportunity to work with the Town of Golden. It encompasses 5 core courses: *Bronze Medallion, Bronze Cross, Standard First Aid & CPR “C”, Swim Instructor and National Lifeguard*. After successful completion of these courses and an interview process with the Recreation Department, you could be offered a position as a Lifeguard and/or Swim Instructor at the Golden Swimming Pool.

2. Who is eligible to apply to the program?

You must be a permanent member of the community and a minimum of 15 years of age to apply to the program. There is no maximum age to become a lifeguard!

3. Why apply for the program?

- Free training courses
- Great paying position with the Town as a Lifeguard/Swim Instructor
- Career opportunities for life
- Acquire valuable and transferable life skills
- Earn high school credits



4. Does the participant pay for the training?

All 5 courses typically cost a total of \$1,320, if successful in the “Ready, Set, Guard! Program” the courses will end up costing a total of \$320.

Course	Regular program cost	Ready, Set, Guard! participant fee discount	Ready, Set, Guard! participant cost after employment at GSP
1. Bronze Medallion	\$160	Not eligible for reimbursement	
2. Bronze Cross	\$160		
3. Standard First Aid & CPR	\$200	\$100	FREE
4. National Lifeguard (NL) - Pool	\$400	\$200	FREE
5. Lifesaving Swim Instructor (SI)	\$400	\$200	FREE

**Participants are required to purchase materials including applicable manuals and materials*

5. How many participants will be accepted into the program?

Up to 16 participants will be accepted into the program per year.

6. What is the application deadline?

All applications for the program must be received by the Town of Golden by April 1st each year. If the program is not full after this date, late applications may be accepted, but any missed courses will be taken at your own expense.

Town of Golden
810 9 Avenue S, Golden, BC V0A 1H0
Phone: 250-344-0120 pool@golden.ca



7. Are there high school credits for taking the courses?

YES! High school students can earn credits towards graduation while working towards their first career. This program recognizes the 100+ hours of education and training and rewards the work and dedication of those who obtain certifications:

Course	High School Credits
Bronze Cross	2 credits for Grade 11
National Lifeguard (Pool option)	2 credits for Grade 12

How do I apply to the program?

- a) Refer to the “Aquatic Worker” job posting on Town of Golden website:
<https://www.golden.ca/town-hall/careers>
 - a. Please email your cover letter and resume to the Recreation Coordinator- Aquatics Lead by April 1. Email: chelsey.keefer@golden.ca
- b) After review, we will set up a meeting to discuss the program and registration process for the courses. **A swim evaluation may be required to determine the likelihood of success in the program.*
- c) Once you have successfully completed all 5 courses, an interview will be set up with the Recreation Department to discuss employment at the Golden Swimming Pool.

Standard First Aid/CPR “C” → Bronze Medallion → Bronze Cross → National Lifeguard → Swim Instructor → Interview with Town of Golden → **BEGIN WORK WITH TOWN OF GOLDEN**

8. What is the time commitment?

From April-August each year there are a total of approximately 150 training hours that will take place after school and on weekends. Our courses are taught by trained professionals who can help you gain the skills and confidence necessary for providing care and instruction when it’s needed. 100% attendance is **mandatory**.

9. When are the courses this year?

Check out our website for the course details at golden.ca/lifeguard and click on “Register Now!”

Questions? Email Chelsey Keefer at chelsey.keefer@golden.ca