



Town of Golden Recreation Schedule

Fall 2025



**Calendar in effect Sept 2 – Oct 12, 2025. Programs are subject to change.*

www.golden.ca/recreation

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9:15-10am Parent & Tot Skate			9:15-10am Parent & Tot Skate		
		11:15-12:45 Adult Shinny 19+				
	1:45-3:15 pm Silvertips 50+ Hockey			1:45-3:15pm Silvertips 50+ Hockey		
3:30-4:30pm Youth Open Gym Kids Multi Sports	3:30-4:30pm Kids Multi Sports	3:30-4:30pm Youth Centre Open Gym (FREE) Kids Multi Sports	3:30-4:30pm Kids Multi Sports	3:30-4:30pm Youth Open Gym Kids Multi Sport		
		6-7:15 Pickleball			5:15-6:15pm Public Skate	4:45-5:45pm Public Skate
		7-8pm Public Skate				6-7:30pm Women's Hockey
		7:45-9:00 Badminton	7:30-9pm Basketball			7-8:30pm Volleyball

Golden and District Arena

Mount 7 Rec Plex

Private rental inquiries:
rec.booking@golden.ca

Pre-registration is required to guarantee your spot! Register online at golden.ca/recprograms