



Town of Golden Recreation Schedule

Winter 2026



*Calendar in effect Jan 5 – Mar 15, 2026. Programs are subject to change.

www.golden.ca/recreation

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00-11:30am Winter Walking	9:15-10:00am Parent & Tot Skate	9:15-10:00am Parent & Tot Fitness		9:15-10:00am Parent & Tot Skate		
12:05-1:05pm Group Fitness Strength & Cardio	9:00-9:45am Group Fitness	10:00-11:30am Parent & Tot Play	10:00-11:30am Pickleball	10:00-11:30am Winter Walking		10:30am-12:00pm Parent & Tot with Run Bikes
1:30-3:00pm Pickleball	10:30am-12:00pm Pickleball	11:30-1:00pm Adult Shinny 19+	12:05-1:05pm Group Fitness Strength & Cardio	1:45-3:15pm Silvertips 50+ Hockey	1:00-3:00pm Party Rental!	1:00-2:30pm Pickleball
3:30-4:30pm Youth Open Gym Kids Multisport	1:45-3:15 pm Silvertips 50+ Hockey	3:30-4:30pm <i>Youth Centre Open Gym (FREE)</i> Kids Multisport	3:30-4:30pm Youth Open Gym Kids Multisport	3:30-4:30pm Youth Open Gym Kids Multisport	3:00-4:30pm Family Open Gym	3:00-4:30pm Family Open Gym
7:30-9:00pm Soccer		6:00-7:30pm Pickleball		5:00-6:30pm Volleyball	4:45-5:45pm Public Skate	4:45-5:45pm Public Skate
		7:00-8:00pm Public Skate			6:00-7:30pm Women's Hockey	6:00-7:30pm Women's Hockey
		7:45-9:00pm Badminton	7:30-9:00pm Basketball		7:00-8:30pm Volleyball	7:00-8:30pm Volleyball

Start dates unless individually marked:

Golden and District Arena

Mount 7 Rec Plex

Private rental inquiries:
rec.booking@golden.ca

Pre-registration is required to guarantee your spot! Register online at golden.ca/recprograms